

Epilepsy affects over 3 million Americans. That's two out of every 100 people.

50 million people worldwide have epilepsy.

Each year, over 45,000 children are diagnosed with epilepsy in the US.

Epilepsy is the second most common neurological disorder after migraines.

One in ten people will have a seizure during their lifetime.

Epilepsy - Educate Change.

Flip over to learn more.

WWW.AKFUS.ORG

epilepsy >> educate change

HELP educate change.

*Not all seizures are
the same!*

*A seizure can look like
a blank stare, daydreaming,
muscle spasms,
uncontrolled movements
or a convulsion.*

Seizure First Aid

Stay calm. Time the seizure.

Move dangerous objects.

**If person has fallen to the ground,
turn them on their side and put
something soft under their head.**

*NEVER put anything in the person's
mouth and NEVER hold them down.*

**If the person is wandering, gently
steer them away from danger.**

*If the seizure lasts longer than 5
minutes or repeats, call 911.*



The Anita Kaufmann Foundation
Educating the public NOT to fear epilepsy.

Visit www.akfus.org today!